



Self Fulfillment in Self Giving


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Suffering and Forgiveness

- ▶ Holocaust
- ▶ Communist Persecutions
- ▶ Millions of people dead
- ▶ People wonder:
 - ▶ what is the purpose of life?
 - ▶ What is the purpose of suffering?
 - ▶ Who am I? What is a human being?



What do you do when nothing around you makes sense?

- ▶ Knight of faith / knight of infinite resignation
- ▶ What do you do when there is no logic, and when the *logical* result is despair?
- ▶ What do you when so much evil has happened?




Work for the good!

- ▶ What does it mean? What is the source of the good? Can I make the world around me good, beautiful?
 - ▶ The Nazis tried it
 - ▶ The Communists tried it
 - ▶ Any dictatorial power tries it
- ▶ Why?
 - ▶ People perceive themselves as creators of beauty: they become worshippers of an idea
 - ▶ And doing so, they become MURDERERS

The Call of the Face





“To me, **humility** is not what we often make of it: the sheepish way of trying to imagine that we are the worst of all and trying to convince others that our artificial ways of behaving show that we are aware of that. Humility is the **situation of the earth**. The earth is **always there, always taken for granted, never remembered, always trodden on by everyone**, somewhere we **cast and pour out all the refuse, all we don't need**. It's there, **silent and accepting everything** and in a miraculous way **making out of all the refuse new richness in spite of corruption, transforming corruption itself into a power of life and a new possibility of creativeness, open to the sunshine, open to the rain, ready to receive any seed we sow and capable of bringing thirtyfold, sixtyfold, a hundredfold out of every seed**”

(Anthony Bloom *Beginning to Pray* 35).

Humus = fertile ground = birth-giver of Beauty



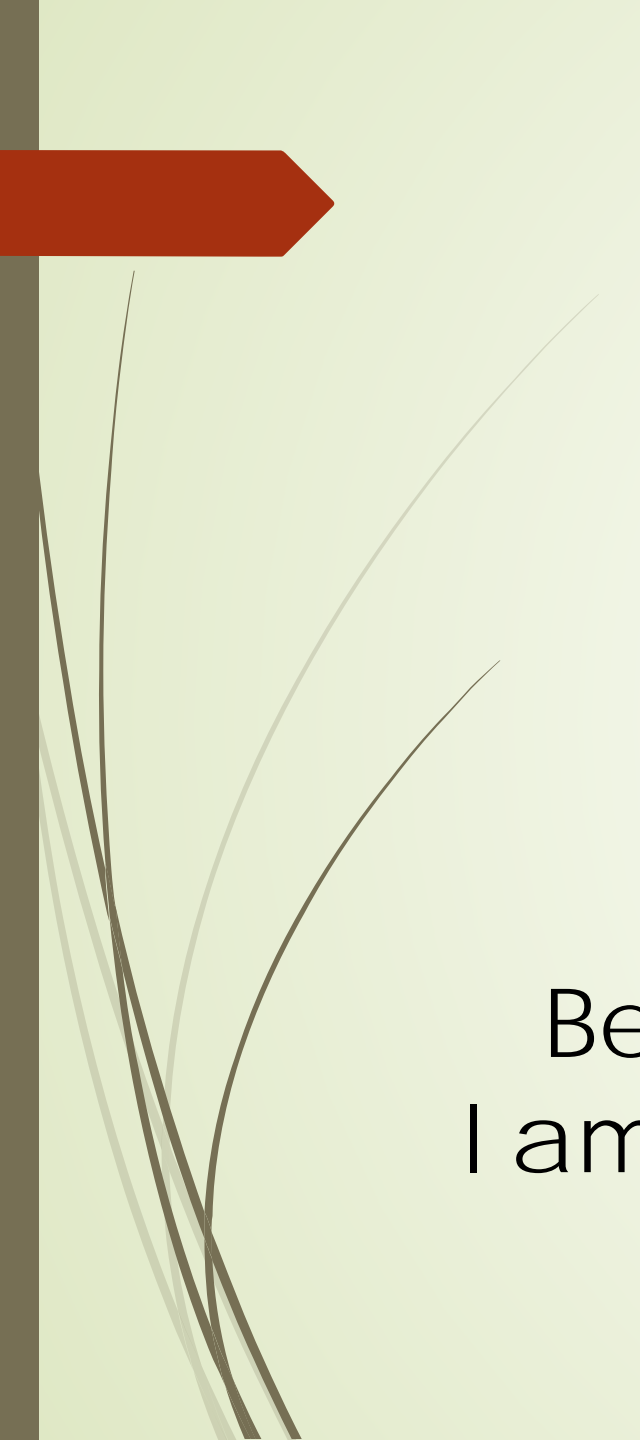
Who Needs Healing?

Each one of us;

The world itself—it is in caring for the other, the one next to you, be it present physically or spiritually, that we participate in the process of beautifying the world and thus rendering it its true nature.



Vlad Dumitrescu



I am responsible
for my family,
for my community,
for my nation.

*(they are all given to me:
responsible as a shepherd)*

Being responsible for my nation,
I am responsible for all nations, and
so for the whole world.

Remaking Constellations

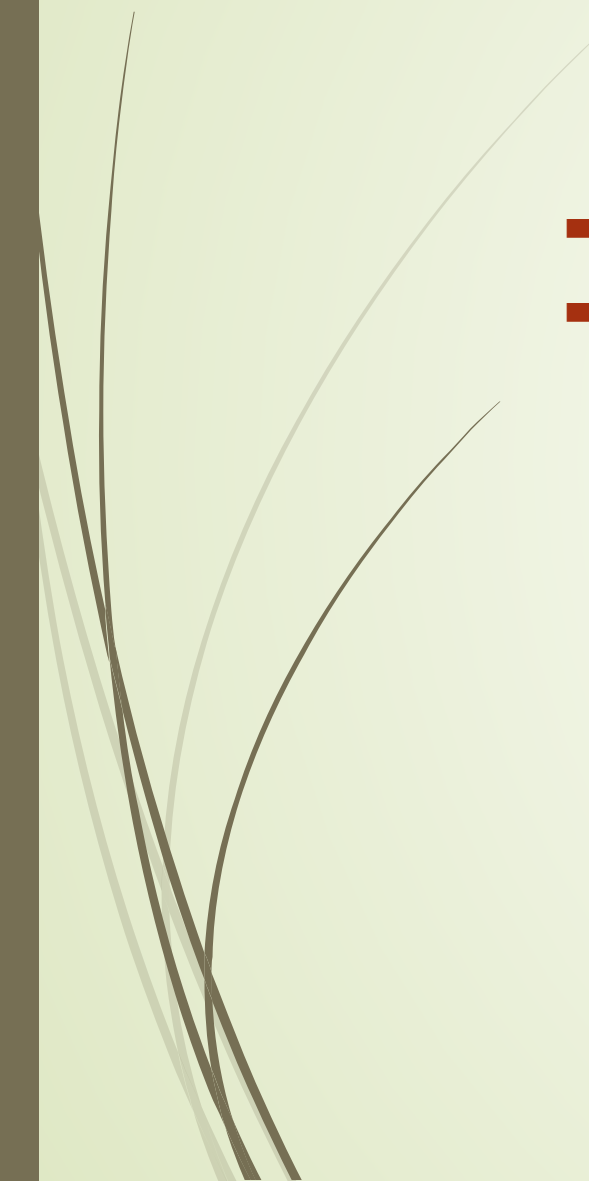
- ▶ We are in already given constellations
 - ▶ Family, community, nation, the whole world
 - ▶ the beauty of the world is given by our personal constellations
 - ▶ Constellations already given to us (family, church, nation)
 - ▶ And we can contribute to ugliness by rejecting them
 - ▶ "You are not worthy of me"
 - ▶ "You have no place in my world"
 - ▶ But the other is already in my world
 - ▶ I can contribute to beauty by acknowledging that their ugliness depends on me
- ▶ We remake constellations with the people that have already passed by using their words

The Restoration of Beauty





Becoming human

- ▶ Losing oneself in the other
 - ▶ Doing so, you participate in the creation of the world
- 

*"When you give, at
the beginning you
give from what you
have; after a while,
you give from what
you are"*

Fr. Arsenie Boca

In forgiveness, I
give myself to the
other, and giving
myself I gain a
whole world, an
entire
constellation.



Author: Maria Zeldis

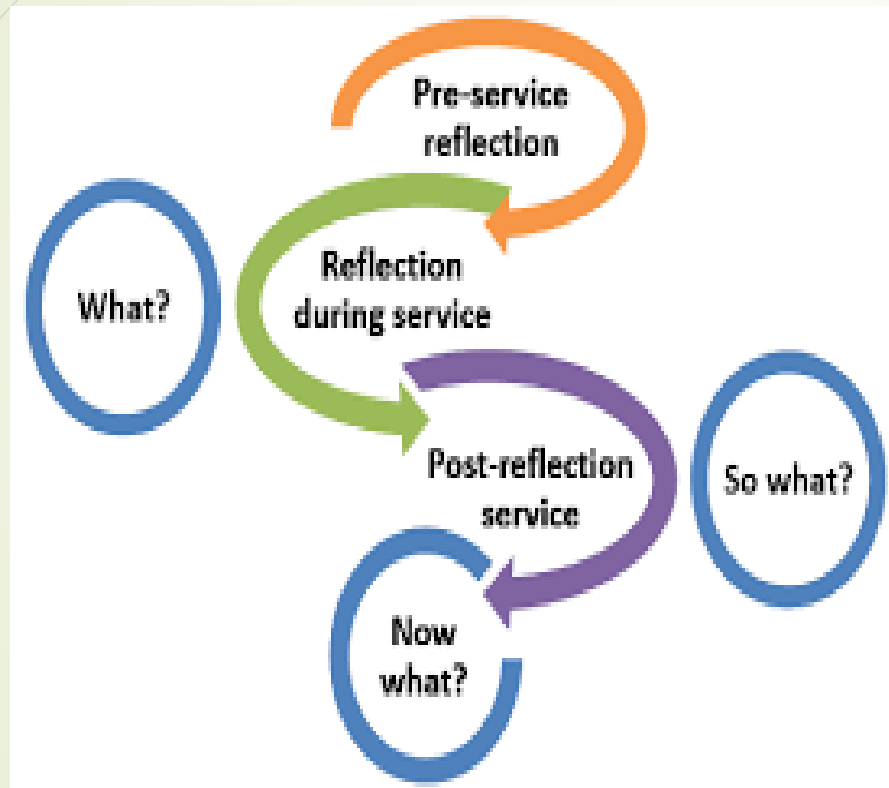
Losing oneself in the other.....

Relating how Service-Learning teaching methodologies impact an individual.....


Self-Awareness, Knowledge, & Skills



Applied Elements of Service Learning



Reciprocity
Guided Reflection
Pre-Reflection
Real-time debrief
Post Reflection relating to Theory



How achievement of outcomes was measured

The students will:

- Describe how the service learning experience changed their perception of health promotion and the role of the nurse.
- Display an awareness of the needs in the community and make a personal connection.
- Reflect on how the service learning experience fostered health and optimal wellness in older adults living in a long term care environment.



Transformational Developments



- ▶ This was a short two-hour project but it has and will continue to make a lasting impression on my life
- ▶ The service learning project at Heddington Oaks was an experience that showed the importance of being involved with the community.
- ▶ The smallest actions had the power to change a person's outlook and well-being, lower a person's guard, build trust, or create comfort and enhance healing.
- ▶ A teacher can talk about certain things in class, but it doesn't come close to having the same impact for me as when I get to see it for myself.
- ▶ When I volunteer, I know that I make a difference in someone's life. I may not make a big difference, but with lots of little differences we can help to make a big difference in healthcare and many other aspects of life as we know it.



Student Perspective.....

The time spent at
Heddington Oaks felt
like pushing a reset
button.....

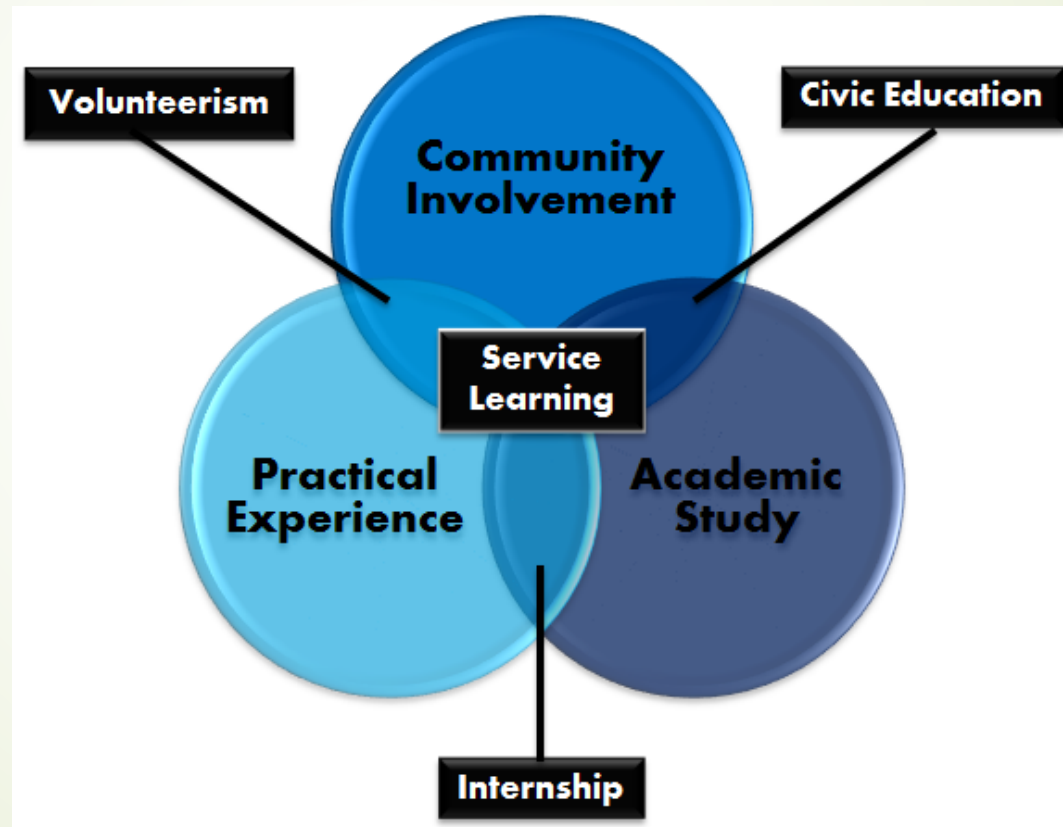


Transformational Word Cloud

regularly Fortune lessen
promotion health older goals
atrophy discovered project
start socialization report benefits
walking visit bearing responsibility activities
through help elderly helping active people
activity deteriorate live stress self-care
selected emotional meet friends mobilizes understanding
enough Staff kind Many stay sense
promote service Along
learn adults related residents
while game receive pets
care mind mental eustress Staying
risks new hopefully physically age
pet petting Wheel prevent healthier quality
viewed hand massage Oaks hopefully involve
research motivate challenges alleviating symptoms
like Oaks blankets shelter
reinforcing exercise percent
interact domains
assessment services exercises
population aging-related
something important community

PROMOTION ENGAGEMENT RESIDENTS
ACTIVITIES OTHER LEARNING COMFORTABLE SENSE
PROJECT BLANKETS COMMUNICATION HEDDINGTON
OLDER TOUCH TALK HEALTH FAMILY ABLE PATIENTS
SERVICE AFTER THERAPEUTIC MYSELF EVERY SIMPLE CARING
RESIDENT LIFE FORGET FIRST ADULTS STUDENTS LIKE TIME
COMFORTED KNOW WAY DEE HELPED NEW GREAT AROUND EVEN
IMPACT HOMES INVALUABLE PROBABLY ENGAGE FEEL NURSE
POSITIVE NEED FIRSHAND THOUGHT HELP
ALL EXPERIENCE SAME RECEIVED MADE
OAKS WELL SPENT IMPORTANT SAW FLOOR BEING EMOTIONALLY
TOOK DAY TRUST APPRECIATIVE BROUGHT SOMETHING FELT
INVOLVED ONLY BIG TYPE STUDENT ELDERLY SHOWED DIFFERENCE
QUALITY PROVIDE THERAPY HELPS HOME CARE
COMMUNITY ASKED RESULTS NURSES MEDICAL MAKE
SEE PEOPLE LITTLE BLANKET POSITIVITY UNDERSTANDING
PROFESSIONAL PATIENT
NURSING REALLY OFTEN MANY
EACH POPULATION LEARNED MOST

What will you do in your own environment as a result of this activity?





Kahoot!



- ▶ Please pull out your cell phones and bring up the app called Kahoot!
- ▶ Enter the PIN number shown on the screen
- ▶ Let's Play!





References



- ▶ National League for Nursing. (2017). Advocacy teaching. Retrieved from <http://www.nln.org/professional-development-programs/teaching-resources/toolkits/advocacy-teaching>
- ▶ <http://nursingworld.org/DocumentVault/Ethics-1/Code-of-Ethics-for-Nurses.html>
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